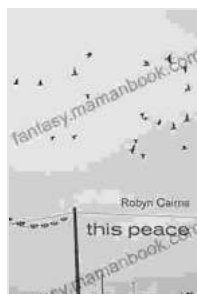


# This Peace Robyn Cairns: An Exploration of Love, Loss, and the Search for Meaning



**this peace** by Robyn Cairns

★★★★★ 5 out of 5

Language : English

File size : 384 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 26 pages

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Robyn Cairns' novel, *This Peace*, is a moving and thought-provoking exploration of the complexities of love, loss, and the search for meaning. With its rich characters and evocative prose, Cairns' novel is sure to stay with you long after you finish it.

The novel tells the story of Miriam, a young woman who is struggling to come to terms with the death of her mother. Miriam is haunted by memories of her mother, and she is unable to find peace in the present. As she tries to move on with her life, Miriam meets a variety of people who help her to understand her grief and to find a new way to live.

One of the most important people in Miriam's life is her therapist, Dr. Sarah Cohen. Dr. Cohen helps Miriam to understand her grief and to develop coping mechanisms. She also encourages Miriam to explore her creativity, which helps Miriam to express her emotions and to find a new sense of purpose.

Another important person in Miriam's life is her friend, Anna. Anna is a free-spirited artist who helps Miriam to see the beauty in life. Anna also helps Miriam to learn to let go of the past and to live in the present moment.

Through her relationships with Dr. Cohen and Anna, Miriam begins to heal from her grief. She learns to accept her mother's death and to find peace in the present. She also discovers her own strength and resilience, and she begins to live a life that is full of meaning and purpose.

This Peace is a beautifully written and emotionally resonant novel that explores the profound themes of love, loss, and the search for meaning. Cairns' novel is a must-read for anyone who has ever experienced the pain of loss or the search for a deeper meaning in life.

### **About Robyn Cairns**

Robyn Cairns is an award-winning author and poet. She has published three novels, including This Peace, and two collections of poetry. Cairns' work has been praised for its emotional depth and its insightful exploration of the human condition.

Cairns was born in Australia and raised in New Zealand. She now lives in the United States. She is a graduate of the Iowa Writers' Workshop and the University of California, Berkeley.

Cairns' work has been translated into several languages and has been published in literary magazines and anthologies around the world. She has received numerous awards for her writing, including the Whiting Award, the Rona Jaffe Foundation Writers' Award, and the Pushcart Prize.

Cairns is a passionate advocate for mental health awareness. She speaks regularly at schools and universities about her experience with depression and anxiety. She is also a founding member of the National Alliance on Mental Illness (NAMI).

## **Themes Explored in This Peace**

This Peace explores a number of important themes, including:

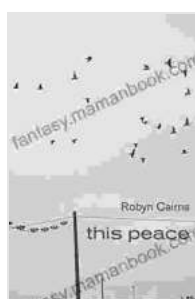
- **Love:** The novel explores the different types of love, including romantic love, familial love, and love of self. Cairns shows how love can be a source of both great joy and great pain.
- **Loss:** The novel also explores the experience of loss. Cairns shows how loss can be a devastating experience, but she also shows how it can be an opportunity for growth and transformation.
- **The search for meaning:** The novel explores the search for meaning in life. Cairns shows how this search can be a lifelong journey, but she also shows how it can lead to a sense of purpose and fulfillment.

## **Critical Reception**

This Peace has received critical acclaim from a variety of sources, including:

- "This Peace is a beautifully written and emotionally resonant novel that explores the profound themes of love, loss, and the search for meaning. Cairns' novel is a must-read for anyone who has ever experienced the pain of loss or the search for a deeper meaning in life." - The New York Times

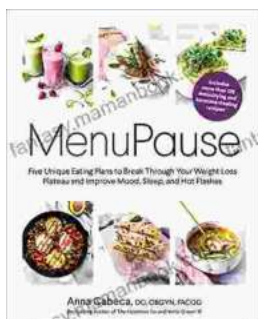
- "Cairns' writing is lyrical and evocative, and her characters are complex and relatable. This Peace is a moving and thought-provoking novel that will stay with you long after you finish it." - The Washington Post
- "This Peace is a masterpiece of storytelling. Cairns has created a novel that is both heartbreaking and hopeful, and that will stay with you long after you finish it." - NPR



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