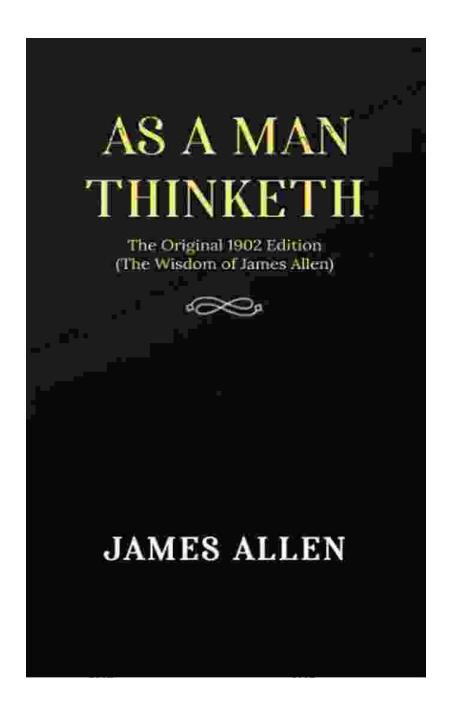
# As Man Thinketh: Delving into the Original 1902 Masterpiece



In the annals of literature, few works have resonated as profoundly and enduringly as James Allen's "As Man Thinketh." First published in 1902, this timeless treatise on the power of thought has inspired countless readers to reflect upon the unbreakable connection between their minds and their lives.



The original 1902 edition of "As Man Thinketh" is a literary gem that offers a unique glimpse into the mind of its author. With its elegant prose and profound insights, this edition captivates readers from the very first page.

#### **Chapter 1: Thought and Character**

Allen begins his exploration of the mind-life connection by asserting that our thoughts are the shaping forces of our character. He writes, "Man is made or unmade by himself; by the right choice of thoughts the strength of character, purpose, peace, and power are consciously cultivated; by the selection of unworthy thoughts the spirit is gradually deteriorated, until it falls to the level of its habitual thinking."

This chapter underscores the importance of cultivating noble and uplifting thoughts. Allen emphasizes that we have the power to choose our thoughts and that it is through this choice that we forge our own destiny.

## **Chapter 2: Effect of Thought on Circumstances**

In Chapter 2, Allen delves into the profound impact that thoughts have on our circumstances. He argues that our external world is a reflection of our inner thoughts. "The outer world of circumstance shapes itself to the inner world of thought, and both pleasant and unpleasant external conditions are factors which make for the building of character, and the strengthening of man's consciousness in the eternal pilgrimage of the Soul."

This chapter challenges us to examine our thoughts and to recognize their influence on our lives. Allen urges us to cultivate positive and constructive thoughts, knowing that these will inevitably lead to positive and desirable circumstances.

## Chapter 3: Effects of Thought on Health and the Body

Allen does not limit the power of thought to the realm of character and circumstance. In Chapter 3, he explores the profound connection between thought and health. He writes, "The body is the servant of the mind. It is what the mind makes it, both in health and disease. The body is a constantly changing expression of the thought of its owner."

This chapter is a testament to the mind-body connection. Allen emphasizes the importance of maintaining a healthy and positive mindset in order to promote physical well-being.

#### Chapter 4: The Law of Growth

Chapter 4 introduces us to the Law of Growth, which states that all things in the universe are constantly evolving and expanding. Allen applies this law to the human mind, arguing that we can continuously grow and develop by cultivating positive and noble thoughts. "The mind is a garden; thoughts are the seeds; you can grow flowers or weeds. Thoughts live, they spread, they create."

This chapter inspires us to embrace the journey of personal growth and to recognize that our minds have limitless potential for expansion.

### **Chapter 5: The Thought-Cycle**

In Chapter 5, Allen unveils the concept of the Thought-Cycle. He explains that every thought we think sets in motion a chain of events that ultimately returns to us. "Thoughts have their own life. They go forth into the world, unseen by others, but they inevitably return to their source. What you give out, you get back."

This chapter emphasizes the importance of accountability for our thoughts. Allen warns that negative or destructive thoughts will eventually lead to negative consequences, while positive and uplifting thoughts will bring forth positive results.

#### **Chapter 6: The Vision**

The final chapter of the original 1902 edition of "As Man Thinketh" is a powerful reflection on the transformative power of vision. Allen writes, "The vision that you glorify in your mind, the ideal that you hold in your heart - this is the magnet which will draw the corresponding conditions that will bring that vision to you."

This chapter challenges us to define our vision for the future and to cultivate a clear and unwavering belief in its possibility. Allen insists that by holding a strong and unwavering vision, we can attract the circumstances that will make it a reality. "As Man Thinketh" is a timeless masterpiece that has inspired and transformed countless lives. The original 1902 edition offers a unique and profound glimpse into the mind of its author, James Allen. Through its elegant prose and profound insights, this edition invites us to reflect upon the unbreakable connection between our thoughts and our lives.

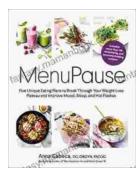
Whether you are seeking personal growth, improved circumstances, or a deeper understanding of the mind-body connection, "As Man Thinketh" is an essential read. By embracing the principles outlined in this timeless treatise, you can cultivate a life filled with purpose, peace, and fulfillment.



As a Man Thinketh -- Original 1902 Edition by Charles Conrad

🔶 🚖 🚖 🌟 🌟 4.7 c	out of 5
Language	: English
File size	: 649 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 45 pages





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